479Commercial Secondary Culinary R6

Lunch - 02/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	*Barley*	*Oats*	*Rye*	*Wheat*	Lupin	Milk	Molluscs	Mustard	Tree Nuts	*Almonds*	*Brazil nut*	*Cashew nut*	*Hazelnut*	*Macadamia nut*	*Pecan nut*	*Pistachio nut*	*Walnut*	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Chilli & Lime Fresh Broccoli (T)(C)																										
479Chipotle Vegetable & Bean Rice Bowl (T)(C)					✔				✔																	
479Freshly Made Parsley & Garlic Bread (T)(C)					✔				✔																✔	
479Plain Boiled White & Brown Rice (T)(C)																										
479Salad Dressing (T)(C)													✔													
479Spiced Fajita Tostados (T)(C)			✔		✔				✔		✔														✔	
479Tomato & Onion Salad (T)(C)					✔	✔																				
479Traditional Lasagne (T)(C)					✔				✔		✔															

Lunch - 03/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Asian Coleslaw Salad (T)(C)																										
479Baked Beans (T)(C)																										
479Baked Jacket Potato (T)(C)																										
479Chick Pea Pesto (T)(C)																										
479Classic Bolognese Sauce (T)(C)																										
479Focaccia Bread Slices (T)(C)					✔				✔																✔	
479Grated Mature Cheddar Cheese Pot (5oz) (T)(C)											✔															
479House Salad (T)(C)																										
479Korean Stir Fried Vegetables & Noodles (T)(C)			✔		✔				✔															✔	✔	
479K-Style Chicken Noodles (T)(C)			✔		✔				✔																✔	
479Light Mayonnaise (T)(C)			✔		✔				✔		✔		✔													

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	*Barley*	*Oats*	*Rye*	*Wheat*	Lupin	Milk	Molluscs	Mustard	Tree Nuts	*Almonds*	*Brazil nut*	*Cashew nut*	*Hazelnut*	*Macadamia nut*	*Pecan nut*	*Pistachio nut*	*Walnut*	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Loaded Dog - Meatball Sub(T)(C)					✔	✔			✔		✔													✔	✔	
479Mixed Bean Salad (T)(C)													✔													
479Plain Boiled White & Brown Rice (T)(C)																										
479Spaghetti (T)(C)					✔				✔																	
479Sweet Chilli Dipping Sauce (T)(C)																										
479Tuna Mayonnaise (T)(C)			✔	✔	✔				✔		✔		✔													

Lunch - 04/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Baked Beans (T)(C)																										
479Baked Jacket Potato (T)(C)																										
479BBQ Dipping Sauce (T)(C)	✔				✔	✔			✔																✔	
479Bountiful Bowl - Cheeseburger Salad(T)(C)			✔		✔	✔			✔		✔														✔	
479Fresh Roasted Carrots (T)(C)																										
479Grated Mature Cheddar Cheese Pot (5oz) (T)(C)											✔															
479Gravy (B)(T)(C)																										
479Kansas BBQ Chicken (T)(C)																										
479Light Mayonnaise (T)(C)			✔		✔				✔		✔		✔													
479Lightly Spiced Oven Baked Potato Wedges (T)(C)																										
479Quorn Roast (T)(C)			✔		✔	✔			✔																✔	

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	*Barley*	*Oats*	*Rye*	*Wheat*	Lupin	Milk	Molluscs	Mustard	Tree Nuts	*Almonds*	*Brazil nut*	*Cashew nut*	*Hazelnut*	*Macadamia nut*	*Pecan nut*	*Pistachio nut*	*Walnut*	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Roast Chicken Thighs & Gravy (T)(C)																										
479Roast Pork Loin, Apple Sauce, Gravy (T)(C)																										
479Roast Potatoes(T)(C)																										✔
479Savoy Cabbage (T)(C)																										
479Spicy Roasted Sweetcorn (T)(C)																										
479Tuna Mayonnaise (T)(C)			✔	✔	✔				✔		✔		✔													

Lunch - 05/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Baby Boiled Potatoes with Parsley (T)(C)																										
479Baked Beans (T)(C)																										
479Baked Jacket Potato (T)(C)																										
479Cous Cous (T)(C)					✔				✔																	
479Fine Green Beans (T)(C)																										
479Grated Mature Cheddar Cheese Pot (5oz) (T)(C)											✔															
479K-Style Cheesy Corn Flatbread(T)(C)					✔				✔		✔														✔	
479Mint & Lime Yoghurt Dressing (T)(C)(B)											✔															
479Mixed Salad (T)(C)																										
479No Chicken Tikka Wrap (T)(C)					✔				✔		✔															
479Stretched Loaded Pizza (T)(C)					✔				✔		✔															

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	*Barley*	*Oats*	*Rye*	*Wheat*	Lupin	Milk	Molluscs	Mustard	Tree Nuts	*Almonds*	*Brazil nut*	*Cashew nut*	*Hazelnut*	*Macadamia nut*	*Pecan nut*	*Pistachio nut*	*Walnut*	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Tomato Ketchup (T)(C)																										
479Tuna Mayonnaise (T)(C)			✔	✔	✔				✔		✔		✔													

Lunch - 06/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Fish Fingers (T)(C)				✔	✔				✔																	
479Garden Peas & Carrots (T)(C)																										
479Mushy Peas (T)(C)																										
479Oven Baked Breaded Pollack (T)(C)				✔	✔				✔																	
479Oven Baked Chips (T)(C)																										
479Tartare Sauce (T)(C)			✔										✔													
479Tomato Ketchup (T)(C)																										
479Vegan Quorn Nuggets (T)(C)					✔				✔																	

Lunch - 09/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479American Potato Salad (Y)			✔		✔				✔		✔		✔													
479Carnitas Rancheros (T)(C)					✔	✔			✔				✔													
479Creamy Mashed Potato(T)(C)																										
479Fresh Curly Kale (F50) (T)(C)																										
479Freshly Made Tomato Salsa(T)(C)																										
479Gravy (B)(T)(C)																										
479House Salad (T)(C)																										
479Light Mayonnaise (T)(C)			✔		✔				✔		✔		✔													
479No Chicken Pitta (T)(C)			✔		✔				✔		✔															
479Oven Baked Sausage (T)(C)																										
479Quorn Sausage & Gravy (T)(C)					✔				✔																	

Lunch - 10/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Bombay Potatoes (T)(C)	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	?	✔
479Burger Relish (T)(C)													✔													
479Cucumber Raita (T)(C)											✔															
479Mango Chutney (T)(C)																										
479Mixed Salad (T)(C)																										
479Oven Baked Sweet Potato Wedges (T)(C)																										
479Plain Boiled White & Brown Rice (T)(C)																										
479Red Pepper and Bean Biryani (F50) (T)(C)																										
479Roasted Vegetable Pasta Bake (T)(C)	✔				✔				✔		✔		✔													✔
479Sag Aloo (T)(C)																										✔
479Sweet Potato & Bean Jalfrezi (T)(C)													✔													✔
479The Best Chick Pea Burger (T)(C)					✔				✔																	

Dish Name	Celery	Crustaceans	Eggs	Fish	**Cereals containing Gluten**	***Barley***	***Oats***	***Rye***	***Wheat***	Lupin	Milk	Molluscs	Mustard	**Tree Nuts**	***Almonds***	***Brazil nut***	***Cashew nut***	***Hazelnut***	***Macadamia nut***	***Pecan nut***	***Pistachio nut***	***Walnut***	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Tomato Ketchup (T)(C)																										

Lunch - 11/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Asian Coleslaw Salad (T)(C)																										
479Broccoli (FRZ) (T)(C)																										
479Fresh Roast Parsnips (T)(C)																										
479Gravy (B)(T)(C)																										
479Hot Roast Chicken Dinner Baguette (T)(C)					✔				✔																	
479Korean Chicken Rice Bowl (T)(C)					✔				✔																✔	
479Quorn Roast (T)(C)			✔		✔	✔			✔																✔	
479Roast Chicken Thighs & Gravy (T)(C)																										
479Roast Pork Loin, Apple Sauce, Gravy (T)(C)																										
479Roast Potatoes(T)(C)																										✔
479Thai Green Chicken Noodles(T)(C)			✔		✔				✔		✔															

Lunch - 12/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Baby Boiled Potatoes with Parsley (T)(C)																										
479BBQ Dipping Sauce (T)(C)	✔				✔	✔			✔																✔	
479Buffalo Chicken Filo Slice(T)(C)					✔				✔																	
479Chipotle Quorn & Corn Fajita Wrap (T)(C)			✔		✔				✔		✔															
479Fresh Roast Beetroot																										
479Gravy (B)(T)(C)																										
479Plain Boiled White & Brown Rice (T)(C)																										
479Southern Baked Chicken Thigh (T)(C)					✔				✔		✔															
479Sweetcorn (T)(C)																										

Lunch - 13/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Fish Fingers (T)(C)				✔	✔				✔																	
479Garden Peas & Carrots (T)(C)																										
479Margherita Focaccia Pizza (TuGo)					✔				✔		✔															
479Mixed Salad (T)(C)																										
479Mushy Peas (T)(C)																										
479Oven Baked Breaded Pollack (T)(C)				✔	✔				✔																	
479Oven Baked Chips (T)(C)																										

Lunch - 16/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Baby Boiled Potatoes with Parsley (T)(C)																										
479Butterbean & Meatball Pasta(T)(C)					✔	✔			✔																✔	
479Carbonara Pizza 12.5" (TuGo) (T)(C)					✔				✔		✔															
479Fresh Broccoli Florets (T)(C)																										
479Garden Peas & Sweetcorn (T)(C)																										
479Gravy (B)(T)(C)																										
479Mixed Salad (T)(C)																										
479Red Cabbage Coleslaw Salad (T)(C)			✔		✔				✔		✔		✔													
479Tomato & Onion Salad (T)(C)					✔	✔																				
479Vegetable & Bean Champ Cottage Pie (T)(C)																										

Lunch - 17/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Asian Coleslaw Salad (T)(C)																										
479BBQ Dipping Sauce (T)(C)	✔				✔	✔			✔																✔	
479Braised Rice(T)(C)																										
479House Salad (T)(C)																										
479Katsu Curry Sauce (T)(C)					✔				✔																✔	
479Light Mayonnaise (T)(C)			✔		✔				✔		✔		✔													
479Mixed Bean Salad (T)(C)													✔													
479Oven Baked Katsu Style Chicken Curry (T)(C)					✔				✔		✔		✔													
479Oven Baked Sweet Potato Wedges (T)(C)																										
479Roasted Vegetable Shawarma Flatbread (T)(C)					✔				✔		✔															
479Southern Baked Halloumi Burger, Bun & Salad (T)(C)					✔				✔		✔		✔													

Dish Name	Celery	Crustaceans	Eggs	Fish	**Cereals containing Gluten**	***Barley***	***Oats***	***Rye***	***Wheat***	Lupin	Milk	Molluscs	Mustard	**Tree Nuts**	***Almonds***	***Brazil nut***	***Cashew nut***	***Hazelnut***	***Macadamia nut***	***Pecan nut***	***Pistachio nut***	***Walnut***	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Sweet Chilli Dipping Sauce (T)(C)																										

Lunch - 18/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Dark Soy Sauce (T)(C)					✔				✔																✔	
479Fine Green Beans (T)(C)																										
479Fresh Sliced Carrots(T)(C)																										
479Gravy (B)(T)(C)																										
479Hot Roast Chicken Dinner Baguette (T)(C)					✔				✔																	
479Noodles (T)(C)			✔		✔				✔																	
479Quorn Roast (T)(C)			✔		✔	✔			✔																✔	
479Red Cabbage (T)(C)																										
479Roast Chicken Thighs & Gravy (T)(C)																										
479Roast Pork Loin, Apple Sauce, Gravy (T)(C)																										
479Roast Potatoes(T)(C)																										✔
479Sweet Chilli Dipping Sauce (T)(C)																										
479Teriyaki Quorn Stir Fry (T)(C)					✔				✔																✔	

Lunch - 19/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	Barley	Oats	Rye	Wheat	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Almonds	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Walnut	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Balsamic Glaze (T)(C)																										✔
479Chickpea and Spinach Curry (F50)(T)(C)																										
479Cucumber Raita (T)(C)											✔															
479Fresh Broccoli Florets (T)(C)																										
479Freshly Made Parsley & Garlic Bread (T)(C)					✔				✔																✔	
479Garden Peas(T)(C)																										
479Mango Chutney (T)(C)																										
479Mixed Salad (T)(C)																										
479Penne, Spinach and Pesto (T)(C)					✔				✔																	
479Plain Boiled White & Brown Rice (T)(C)																										
479Sweet Potato Vada Pav (T)(C)					✔				✔		✔		✔													✔

Lunch - 20/09/2024

Dish Name	Celery	Crustaceans	Eggs	Fish	Cereals containing Gluten	*Barley*	*Oats*	*Rye*	*Wheat*	Lupin	Milk	Molluscs	Mustard	Tree Nuts	*Almonds*	*Brazil nut*	*Cashew nut*	*Hazelnut*	*Macadamia nut*	*Pecan nut*	*Pistachio nut*	*Walnut*	Peanuts	Sesame	Soya	Sulphur dioxide/sulphites
479Fish Fingers (T)(C)				✔	✔				✔																	
479Garden Peas & Carrots (T)(C)																										
479Mushy Peas (T)(C)																										
479Oven Baked Breaded Pollack (T)(C)				✔	✔				✔																	
479Oven Baked Chips (T)(C)																										
479Vegan Quorn Nuggets (T)(C)					✔				✔																	