

## PE Curriculum Overview

|     |                | Year Group                                   | Term 1<br>8 Weeks                                                                                                                                                                                                                                                                                   | Term 2<br>7 Weeks                                                                                                                                                                                   | Term 3<br>6 Weeks                                                                                                                                                                                                     | Term 4<br>6 Weeks                                                                                                                                                                                                                                                                    | Term 5<br>5 Weeks                                                                                                                                                                                       | Term 6<br>7 Weeks                                                                                                                                                                                                            |
|-----|----------------|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| KS4 | Intent         | Building on Prior Learning                   | Pupils should build on the KS3 intent by tackling a range of complex and demanding physical activities. Pupils should develop personal fitness and engage with opportunities that promotes an active healthy lifestyle. Pupils are given a wide range of Physical, social and mental opportunities. |                                                                                                                                                                                                     |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                                                                                                                              |
|     |                | Year 10                                      | <b>Tactics &amp; Strategies<br/>Invasion Games<br/>Through Sport<br/>Education</b><br>(Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance)                                               | <b>Improve Performance &amp; Technique<br/>Creative Movement</b><br>(Pupils will develop their technique and improve their performance in individual activities.)                                   | <b>Tactics &amp; Strategies<br/>Invasion Games</b><br>(Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance) | <b>Intellectual &amp; Physical<br/>Challenge<br/>Outdoor Education &amp; HRE</b><br>(Pupils will develop intellectual and observational skills in a variety of different environments which offer a physical challenge. Pupils will develop trust, team work and leadership skills). | <b>Personal Best<br/>Performance &amp; Evaluation<br/>Athletics</b> (Pupils will develop their compared to previous ones and demonstrate improvement across a range of different athletics activities). | <b>Tactics &amp; Strategies<br/>Striking and Fielding</b><br>(Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance) |
|     | Implementation | Sports<br>(A cross section of the following) | Rugby, Netball, Badminton, Football, Alternative Games, Trampolining and Fitness                                                                                                                                                                                                                    | Basketball, Badminton, Football, Trampolining and Fitness                                                                                                                                           | Football, Dance, Gymnastics, Fitness, Basketball, Netball, Alternative Games                                                                                                                                          | Handball, Basketball, Hockey, Football, Alternative Games, Fitness                                                                                                                                                                                                                   | Cricket, Roudners, Athletics, Orienteering                                                                                                                                                              | Cricket, Roudners, Athletics, Orienteering, Short Tennis                                                                                                                                                                     |
|     |                | Assessment Type                              | OCR GCSE 5 Assessment Strands                                                                                                                                                                                                                                                                       | OCR GCSE 5 Assment Strands                                                                                                                                                                          | OCR GCSE 5 Assessment Strands                                                                                                                                                                                         | OCR GCSE 5 Assessment Strands                                                                                                                                                                                                                                                        | OCR GCSE 5 Assessment Strands                                                                                                                                                                           | OCR GCSE 5 Assessment Strands                                                                                                                                                                                                |
|     |                | Homework                                     | All pupils are encouraged to take part in session 6 activities and external clubs. (See KS4 Accreditation maps for theory)                                                                                                                                                                          |                                                                                                                                                                                                     |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                                                                                                                              |
|     |                | Tracking Points                              | Review 1: T1 Wk7 - T2,Wk1                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                     | R2: T3,Wk2 - Wk4                                                                                                                                                                                                      | Review 3: T4,Wk2                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                         | Review 4: T6,Wk5                                                                                                                                                                                                             |
|     | Impact         | Local Context                                | The PE curriculum is sequential to local and regional level competitions. All pupils are encouraged to take part regularly in competitive sports and activities both inside and outside of school through community links or sports clubs.                                                          |                                                                                                                                                                                                     |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                                                                                                                              |
|     |                | Year 11                                      | <b>Tactics &amp; Strategies<br/>Invasion Games<br/>Through Sport<br/>Education</b><br>(Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance)                                               | <b>Improve Performance &amp; Technique<br/>Creative Movement<br/>(GCSE PE - personal pathways)</b><br>(Pupils will develop their technique and improve their performance in individual activities.) | <b>Tactics &amp; Strategies<br/>Invasion Games<br/>(GCSE PE - personal pathways)</b>                                                                                                                                  | <b>Leadership &amp; Team<br/>Building<br/>Sport Education</b>                                                                                                                                                                                                                        | <b>Personal Best<br/>Performance &amp; Evaluation<br/>Athletics</b>                                                                                                                                     |                                                                                                                                                                                                                              |
|     |                | Sports<br>(A cross section of the following) | Rugby, Netball, Badminton, Football, Alternative Games, Trampolining and Fitness                                                                                                                                                                                                                    | Basketball, Badminton, Football, Trampolining and Fitness                                                                                                                                           | Football, Dance, Gymnastics, Fitness, Basketball, Netball, Alternative Games                                                                                                                                          | Handball, Basketball, Hockey, Football, Alternative Games, Fitness                                                                                                                                                                                                                   | Cricket, Roudners, Athletics, Orienteering                                                                                                                                                              |                                                                                                                                                                                                                              |
|     |                | Assessment Type                              | OCR GCSE 5 Assessment Strands                                                                                                                                                                                                                                                                       | OCR GCSE 5 Assessment Strands                                                                                                                                                                       | GCSE PE Mock Moderations                                                                                                                                                                                              | GCSE PE Final Assessment                                                                                                                                                                                                                                                             |                                                                                                                                                                                                         |                                                                                                                                                                                                                              |
|     |                | Homework                                     | All pupils are encouraged to take part in session 6 activities and external clubs. (See KS4 Accreditation maps for theory)                                                                                                                                                                          |                                                                                                                                                                                                     |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                                                                                                                              |
|     |                | Tracking Points                              | Wk 5                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                     |                                                                                                                                                                                                                       | Review 3: T4,Wk1 - Wk3                                                                                                                                                                                                                                                               | Rev 4: T5,Wk2 - Wk4                                                                                                                                                                                     |                                                                                                                                                                                                                              |
|     |                | Overall KS4 Intent:                          | Pupils will tackle complex and demanding physical activities. They are involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle.                                                                                                                  |                                                                                                                                                                                                     |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                                                                                                                              |

Potential into performance

All pupils are given opportunity to develop Physical, Social and mental wellbeing in line with the 3Cs Character, Culture and Currency  
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