Personal, Social, Health and Economic Education (PSHE) Policy

2025-2027

13/03/2025

Review Date	Version number	Reviewer/Owner (post holder)	Approved by (Committee)	Signature
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1. Introduction

1.1 Aims and Scope

Our Personal, Social, Health and Economic (PSHE) and Careers curriculum has been built with the aim to support the personal development of the 'whole child', by helping them to understand how they are developing emotionally, physically and socially. At the heart of PSHE is the school aim to inspire all pupils to turn their potential into performance and to provide them with the knowledge, understanding, attitudes, values and skills that they need in order to reach their full potential as individuals, and within the community. Pupils are encouraged to make informed decisions about relationships, health, economic wellbeing and future choices. The PSHE curriculum covers the three core topics: Health and Wellbeing, Sex and Relationships and Living in the Wider World. Within these topics pupils will explore British Values and Spiritual, Moral, Social and Cultural (SMSC) issues as well as covering the statutory Relationships and Sex education and Health education, Citizenship and a careers programme (CEIAG).

The purpose of this document is to provide a clear summary of PSHE for teachers, parents and the Local Advisory Board (LAB). It has been produced in consultation with the PSHE team at Lydiard Park Academy and will be reviewed and refined every two years in order to better serve the pupils in our community.

1.2 Other linked Policies

This policy links to the following policies and procedures:

- Child Protection and Safeguarding policy and procedures
- Relationships Education and Health Education policy (RSE Policy)
- Anti-Bullying policy
- Equality policy
- Behaviour policy
- Careers Guidance and Provider access policy

www.lydiardparkacademy.org.uk/statutory-information

1.3 Implementing this policy

This policy will be reviewed by the Vice Principal and the PSHE team every 2 years. At every review, the policy will be approved by the Local Advisory Board.

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2. Policy Statement

2.1 Statutory requirements

As section 2.1 of the National Curriculum framework states:

'Every state-funded school must offer a curriculum which is balanced and broadly based and which: "promotes the spiritual, moral, cultural, mental and physical development of students at the school and of society" and "prepares students at the school for the opportunities, responsibilities and experiences of later life". (2014)

PSHE has always been at the heart of Lydiard Park Academy's curriculum, as we believe it supports all of our pupils to stay safe, and prepares them for life in modern Britain. In 2020 we revised our curriculum to include the statutory elements of Relationships and Sex Education and Health education.

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE)

compulsory for all pupils receiving secondary education. They also made Health Education compulsory in all schools except independent schools.
(See Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers. Department for Education- 2020)

2.2 Content

To ensure our PSHE curriculum supports our pupils to thrive in a time of rapid change, with new and unpredictable opportunities and challenges constantly emerging, we implement the three core themes of the PSHE Association Programme of Study:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World and Careers

These have been carefully designed as a context through which to develop the concepts, skills and attributes set out below. Although the specific content of PSHE education will constantly evolve as the world changes, these concepts are timeless. It is not enough to simply teach pupils about the issues covered in the suggested subject content. It is vital that pupils have the opportunity to explore their attitudes, values and beliefs about these issues and to develop the skills, language and strategies necessary to manage such issues should they encounter them. When planning a scheme of work for PSHE education, we ensure there is a balance of these overarching concepts.

Overarching concepts developed through the Programme of Study:

- Identity (their personal qualities, attitudes, skills, attributes and achievements and what influences these; understanding and maintaining boundaries around their personal privacy, including online).
- Relationships (including different types and in different settings, including online).
- A healthy (including physically, emotionally and socially), balanced lifestyle (including within relationships, work-life, exercise and rest, spending and saving and lifestyle choices).
- Risk (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and safety (including behaviour and strategies to employ in different settings, including online in an increasingly connected world.
- Diversity and equality (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010).

- Rights (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts).
- Change (as something to be managed) and resilience (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance).
- Power (how it is used and encountered in a variety of contexts including online; how it manifests through behaviours including bullying, persuasion, coercion and how it can be challenged or managed through negotiation and 'win-win' outcomes).
- Careers (including enterprise, employability and economic understanding).

(Taken from PSHE Association Toolkit – November 2017)

*A copy of our full curriculum map can be found on the academy website here: www.lydiardparkacademy.org.uk/curriculum/pshe
A copy of our 'Knowledge Organisers' with content covered can be found here: https://www.lydiardparkacademy.org.uk/curriculum/pshe

2.3 Delivery of PSHE curriculum

All pupils from Year 7-13 receive 5 hours of PSHE per term on a rolling basis. Each PSHE lesson is planned and tailored to the needs of our pupils. Lessons are created by the PSHE team and delivered by a committed and passionate team of tutors. All content aims to be fully inclusive in nature and we regularly review our materials in light of the changes we see in the world around us.

In addition to the PSHE lessons we also cover PSHE through:

- Tutor time activities
- Assemblies
- House activities/ charity events
- School Council
- Educational visits and trips
- Other curriculum subjects

2.4 Entitlement and equality of opportunity

We promote the needs and interests of all pupils, irrespective of their age, disability, gender, race, religion, sex or sexual orientation, special educational needs or personal circumstances in line with the Equality Act 2010.

2.5 Staffing and responsibilities

The Local Advisory Board (LAB)

Lydiard Park Academy's LAB will approve the PSHE policy, and hold the Principal to account for its implementation.

The Principal

The Principal is responsible for ensuring that PSHE is taught consistently across the school.

The PSHE team – the Vice Principal, PSHE lead for KS3 and 4, Careers lead and Head of Sixth Form

The PSHE lead (KS3 & 4), the Careers lead, the Head of Sixth Form (KS5) have oversight of all aspects of the PSHE and Careers curriculum, from planning to delivery.

Tutors and Pastoral team

Tutors are responsible for:

- Delivering PSHE in a sensitive and impartial way.
- Setting clear ground rules
- Following safeguarding procedures
- Attending training
- Modelling positive attitudes to PSHE
- Monitoring progress of pupils through checking of books
- Responding to the needs of individual pupils

Outside agencies

We regularly use trusted outside agencies such as PCSOs, Wiltshire Fire and Rescue and health care professionals. The PSHE team will ensure the delivery and content is compliant with this policy.

2.6 Monitoring and Evaluation

The PSHE lead (KS3 & 4), Careers lead and Head of Sixth Form (KS5) will:

- Regularly review schemes to reflect current issues.
- Provide opportunities for tutors to evaluate to aid future planning
- Use 'Pupil Voice' panels to evaluate the curriculum

- Regular audits of provision in order to ensure we are meeting the needs of all our pupils and delivering an effective programme.

The Vice Principal and Heads of Year will

- Carry out 'learning reviews' and 'work reviews.'
- Conduct pupil voice

2.7 Assessment and reporting to parents

At the start of each unit pupils will complete a baseline assessment of what they know using the Personal Learning checklist (PLC), this will then be reviewed at the end of the lesson. At the end of each term pupils will complete a 'Self- Assessment' of the unit. At the end of each year pupils will review their progress through a questionnaire. PSHE books will be checked by tutors at the end of each unit. Tutors will comment on progress to parents in the annual tutor report.

3. Appendices

RSE and Health Education statutory guidance 2020 (updated 2021)

https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education 2020

Review of the Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance 2024 Review of the Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance

*Due to a change of government this has remained in the 'consultation phase'.

National Curriculum

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/840002/Secondary_national_curriculum_corrected_PDF.pdf 2014

Citizenship 2013

https://www.gov.uk/government/publications/national-curriculum-in-england-citizenship-programmes-of-study

Government advice on promoting British Values within SMSC 2014

https://www.gov.uk/government/news/guidance-on-promoting-british-values-in-schools-published

Guidance on political impartiality

https://www.gov.uk/government/publications/political-impartiality-in-schools/political-impartiality-in-schools 2022

Keeping children safe in education- 2024

Keeping children safe in education 2024

PSHE Association toolkit, resources and programmes of study

https://pshe-association.org.uk/