



PSHE Knowledge Organiser



Starting Lydiard Park Academy

Year 7
Term 1

ORGANISATION



Making friends

This is a time in your life where you will be making new friends. You will meet so many new people this year.

Tips

Smile and start conversations - Find common interests- Be kind- Be tolerant

Starting secondary school

This is an important stage in your life. It is a time for you to become independent and meet lots of new people. This term we will be looking at ways in which we can keep organised, This includes: Checking your homework on E praise daily- Making sure you learn your timetable and where your lessons are - Being on time for lessons- Keeping your school bag and pencil case organised- Checking your school emails regularly.

Your journey to school

As you become more independent you have to ensure that you are considering the risks on your journey into school.

Walkers- walk on footpaths, look before you cross the road. Be aware of vehicles, cyclists and other walkers.

Cyclists- wear a helmet. Use the cycle paths where possible. If you cycle in the dark make sure people can see you.

At LPA we celebrate difference.

At LPA we treat people with respect.

At LPA we believe in democracy.

At LPA we follow rules that are there to protect us.

At LPA our opinions are valued.



Further help and advice

Childline- Have advice on a wide range of issues. Call 0800 1111

<https://www.childline.org.uk/>

NHS- Have information on medical issues

<https://www.nhs.uk/>

Mind- Mental health support for young people - <https://www.mind.org.uk/for-young-people/>

Think of the other person