



PSHE Knowledge Organiser

Year 9
Term 4

Communication



Drugs Education: Misuse and Addiction

Binge drinking

Alcohol poisoning-Alcohol poisoning can happen when you drink alcohol quicker than your body can process it. It can make you seriously ill and you may need to go to hospital

Binge drinking - The consumption of an excessive amount of alcohol in a short period of time.

If you suspect alcohol poisoning

1. Reassure them, keep them warm
2. Check for injuries
3. Place them in the recovery position
4. Monitor their level of response



If you're worried, call 999/112 for emergency help

For all the first aid advice you need, visit sja.org.uk

FIRST AID SAVES LIVES



FRANK
0800 77 66 00 talktofrank.com
Friendly, confidential drugs advice

Prescription Drugs

Prescription drugs- some illegal drugs may be prescribed for medical conditions. They will be closely monitored so they don't get misused or a person doesn't get addicted.

Anabolic steroids

Anabolic steroids come as tablets or as a liquid to inject. They are sometimes used by doctors to treat various conditions such as muscle weakness after surgery. They are popular as a recreational drug due to their ability to build muscle mass and improve sports performance. However, if misused they have lots of health risks.

Support for addiction

There is lots of support for addiction. Speak to your GP or the FRANK helpline.

Class A includes

Cocaine	LSD
Heroin	Morphine
MDMA	Some class B drugs prepared for injection

Class B includes

Cannabis	Oral amphetamines
Codeine	Ketamine
Barbiturates	

Class C includes

Most benzodiazepines	Gabapentin
Khat	Pregabalin
Anabolic steroids	

Assumed risk

Severity of penalties



Further help and advice

NHS- <https://www.nhs.uk/>

Talk to FRANK-
<https://www.talktofrank.com/>

Drink Aware-
<https://www.drinkaware.co.uk/>