



PSHE Knowledge Organiser

Year 10
Term 5

Independence



RSE- Issues



Sexual Harassment

In England and Wales, the legal definition of sexual harassment is when someone carries out unwanted sexual behaviour towards another person that makes them feel upset, scared, offended or humiliated. It is also when someone carries out this behaviour with the intention of making someone else feel that way. This means that it can still be sexual harassment even if the other person didn't feel upset, scared, offended or humiliated.

Sexual Assault

The overall definition of sexual or indecent assault is an act of physical, psychological and emotional violation in the form of a sexual act, inflicted on someone without their consent. It can involve forcing or manipulating someone to witness or participate in any sexual acts.

(Source: Metropolitan Police)

There are many organisations that support victims of sexual assault and rape.

Coercive control

Coercive control is an act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten their victim. Coercive control is a criminal offence. If you experience this form of abuse you can report it to the police. The police may give your abuser a warning or they may arrest him/her for a criminal offence. If the police have enough evidence they will refer the matter to the Crown Prosecution Service ('CPS').

Spiking

Unfortunately, there is a worrying trend of spiking (through drinks or through injection)

- Never leave your drink unattended;
- Never accept a drink from anyone you don't know or trust;
- Consider sticking to bottled drinks and holding your thumb over the opening between sips;
- Keep your drink in your hand instead of on a surface;
- Don't share or exchange drinks.



Further help and advice

Childline- Have advice on a wide range of issues. Call 0800 1111

<https://www.childline.org.uk/>

NHS- Have information on medical issues

<https://www.nhs.uk/>

Mind- Mental health support for young people - <https://www.mind.org.uk/for-young-people/>

Rape Crisis line

<https://rapecrisis.org.uk/>

Drinkaware – information about spiking
<https://www.drinkaware.co.uk/>