



Relationships and Sex Education and Health Education (RSE) Policy 2025-2027

Addendum- September 2026

Rationale for addendum

The UK government's updated statutory guidance for Relationships, Sex and Health Education (RSHE), following a public consultation, comes into force on **September 1, 2026**, this update replaces the previous 2019 rules. This is available online here: [Relationships and sex education \(RSE\) and health education - GOV.UK](#)

At Lydiard Park Academy we undertake a consultation with all stakeholders biennially. Our most recent RSE and PSHE policies were published in Spring 2025, and will be updated in Spring 2027. In the interim these additional points (added in blue text) form part of our RSE policy in light of the new statutory requirements.

*2.1 Statutory Requirements

The DfE updated the guidance in 2025 (for introduction September 1st 2026)

***2.6 Entitlement and equality of opportunity** We promote the needs and interests of all pupils, irrespective of their age, disability, gender, race, religion, sex or sexual orientation, special educational needs or personal circumstances in line with the 2010 Equality Act. *PSHE lessons will be adapted where appropriate to meet the needs of all pupils. Teaching materials, language,*

scaffolding and delivery methods will be adjusted to ensure all pupils can access the curriculum while maintaining the same high ambitions and statutory entitlement.

***2.7 Staffing and responsibilities**

Tutors are responsible for:

- Delivering RSE in a sensitive and impartial way.
- Setting clear ground rules.
- Following safeguarding procedures (and undertake the required training)
- Modelling positive attitudes to PSHE.
- Monitoring progress of pupils through checking of books.
- Responding to the needs of individual pupils.
- *To encourage pupils to ask questions and to signpost where pupils could get further information, advice and support for difficult questions.*

*** 2.8 Partnership with parents and carers**

Inform parents when RSE content will be delivered *and invite them to review the resources*

***3.1. References**

https://assets.publishing.service.gov.uk/media/6970e7e67e827090d02d42e0/Relationships_education_relationships_and_sex_education_RSE_and_health_education_for_intro_1_September_2026_.pdf

Summary of curriculum changes:

Year group	Statutory content	Which lesson/s will this be covered in?
All years	AI literacy- explicit awareness of AI generated imagery, deepfakes and AI chatbots	Safer Internet lessons. Police workshops Embedded within PSHE lessons.
All years	Online wellbeing- respectful digital communication, avoiding harmful online content, online conspiracy theories, online scams and recognising fake social media profiles	Safer Internet lessons Police workshops Embedded within PSHE lessons.
All years	Online Misogyny- spotting the influence of online extremist or misogynistic subcultures, such as 'incels' (involuntary celibate)	Safer Internet lessons

		Year 10- Term 1- Social Influence and extremism.
All years	Personal safety- expanded to include fire, water, rail and road safety	Covered as part of tutor programme.
All years	The law regarding biological sex and gender reassignment	Covered as part of the 'Protected Characteristics' education. Embedded within PSHE lessons.
All years	Positive femininity and positive masculinity	Healthy and constructive expressions of gender-associated trait embedded in all PSHE lessons.
All years	The importance of routine vaccinations	Year 7 Term 2- Staying healthy. Year 10- Term 3- Health screening/routine vaccines.
Year 7 and Year 10	The dangers of buying counterfeit medicine online	Year 7- Term 2- Wellbeing Year 10- Term 2 Staying healthy
Year 9-	A greater emphasis on <i>'just because you give consent does not make it ethically ok'</i> .	Consent lesson- Term 5, but also discussed every time we look at consent in Year 7,8,9,10
Year 9 and 10	The law regarding dangerous sexual acts such as suffocation and strangulation.	Year 9- Term 5- Consent and the law. Year 10- Term 5- The dangers of pornography.
Year 10	Medical consent and Gillick competency/ Fraser guidelines	Year 10- Term 3. (also discussed in basic terms in Year 7- Term 2- staying healthy)