

# KS3 PE Curriculum Overview

KS3 PE Curriculum Overview	<b>Intent</b>	<b>Statement of Intent</b> Pupils will tackle complex and demanding physical activities. They are involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle.						
		<b>Timeline</b>	<b>Term 1 - 7 Weeks</b>	<b>Term 2 - 7 Weeks</b>	<b>Term 3 - 6 Weeks</b>	<b>Term 4 - 6 Weeks</b>	<b>Term 5 - 6 Weeks</b>	<b>Term 6 - 7 Weeks</b>
	<b>Implementation (Year 7)</b>	<b>Year 7 Overview</b>	Pupils should build on the KS2 content by tackling a range of new physical activities. Pupils should develop personal fitness and have an understanding on health active lifestyles. Pupils are given a wide range of physical, social and mental opportunities.					
		<b>SOW</b>	<b>Invansion Games</b>	<b>Creative Movement</b>	<b>Tactics and Strategies within Gameplay</b>	<b>Outdoor Education &amp; HRE</b>	<b>Athletics</b>	<b>Striking and Fielding</b>
		<b>Assessment Type &amp; Unit Focus</b>	Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance Assessment using bands 1-9.	Pupils will develop their technique and improve their performance in individual activities. Assessment using bands 1-9.	Pupils will develop a variety of strategies and tactics in a team and individual games. Pupils will also develop their technique and improve their performance. Assessment using bands 1-9.	Pupils will develop intellectual and observational skills in a variety of different environments which offer a physical challenge. Pupils will develop trust, team work and leadership skills. Assessment using bands 1-9.	Pupils will develop their physical ability within a wide range of athletic events, as well as developing tactics and knowledge within track races. Assessment using bands 1-9.	Pupils will develop a variety of strategies and tactics as part of a striking or fielding team. Pupils will also develop their technique and understand situations in which to use differing techniques. Assessment using bands 1-9.
	<b>Implementation (Year 8)</b>	<b>Year 8 Overview</b>	Pupils should build on the Year 7 content by tackling a range of physical activities to a more advanced standard. Pupils should develop personal fitness and have an understanding on health active lifestyles and how these factors affect sporting performance. Pupils are given a wide range of physical, social and mental opportunities.					
		<b>SOW</b>	<b>Invansion Games</b>	<b>Creative Movement</b>	<b>Tactics and Strategies within Gameplay</b>	<b>Outdoor Education &amp; HRE</b>	<b>Athletics</b>	<b>Striking and Fielding</b>
		<b>Assessment Type &amp; Unit Focus</b>	Pupils put technical feedback in to competetive situations, working to outwit opponents. Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance. Assessment using bands 1-9.	Pupils begin to develop performance routines within the creative space. Pupils will develop their technique and improve their performance in individual activities. Assessment using bands 1-9.	Pupils put technical feedback in to competetive situations, working to outwit opponents. Pupils will develop a variety of strategies and tactics in a team and individual game. Pupils will also develop their technique and improve their performance. Assessment using bands 1-9.	Pupils will develop problem solving, intellectual and observational skills in a variety of different environments which offer a physical challenge. Pupils will develop trust, team work and leadership skills in a different and inexperienced location. Assessment using bands 1-9.	Pupils will develop their physical ability within a wide range of athletic events, understanding and enhancing their technique within each event.As well as developing tactics and knowledge within track races. Assessment using bands 1-9.	Pupils will develop a variety of strategies and tactics as part of a striking or fielding team, utilising them in match play. Pupils will also develop their technique and understand situations in which to use differing techniques. Assessment using bands 1-9.

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KS3 PE Curriculum Overview	Implementation (Year 9)	<b>Year 9 Overview</b>	Pupils should build on the Year 7 content by tackling a range of physical activities to a more advanced standard, also understanding the tactical side of the sports they are undertaking. Pupils should develop personal fitness and have an understanding on health active lifestyles and how these factors affect sporting performance. Pupils are given a wide range of physical, social and mental opportunities, including the chance to implement these independently during lessons.					
		<b>SOW</b>	<b>Invasion Games</b>	<b>Creative Movement</b>	<b>Tactics and Strategies within Gameplay</b>	<b>Outdoor Education &amp; HRE</b>	<b>Athletics</b>	<b>Striking and Fielding</b>
		<b>Assessment Type &amp; Unit Focus</b>	Pupils put technical feedback in to competitive situations, working to outwit opponents. Pupils will develop a wide variety of strategies and tactics in a team and individual game, understanding how to adapt these tactics in different situations. Pupils will also develop more highly advanced techniques and improve their performance. Assessment using bands 1-9.	Pupils are able to efficiently create and deliver high quality routines within the creative space. Pupils will continue to develop their technique and improve their performance in individual activities. Assessment using bands 1-9.	Pupils put technical feedback in to competitive situations, working to outwit opponents. Pupils will develop a wide variety of strategies and tactics in a team and individual game, understanding how to adapt these tactics in different situations. Pupils will also develop more highly advanced techniques and improve their performance. Assessment using bands 1-9.	Pupils will develop intellectual and observational skills in a variety of different environments which offer a physical challenge. Pupils will develop trust, team work and leadership skills. Assessment using bands 1-9.	Pupils will understand the physical principles underpinning their athletic ability. Pupils will develop their physical ability within a wide range of athletic events, understanding and enhancing their technique within each event. As well as developing tactics and knowledge within track races. Assessment using bands 1-9.	Pupils will demonstrate their ability to compete in striking and fielding matches, employing different tactics for different players. Pupils will continue to develop higher level techniques through practices. Assessment using bands 1-9
	<b>Topic Texts</b>	Comprehension tasks, Journals, Board texts.						
	Impact	<b>Year Tracking</b>		KS3 RP1	KS3 RP2			KS3 RP3
		<b>Literacy and Numeracy links</b>	Literacy skills are developed through key words, specific vocabulary, topic texts, comprehension tasks and display boards. Numeracy skills are developed through scoring, time keeping and sports specific numerical terminology (eg. Heart rate).					
		<b>How It Is Used / Skills Set Developed / Outcomes</b>	Learners take away a multitude of life skills from Physical Education, such as leadership, resilience, self esteem, mental wellbeing, teamwork, social and emotional development. Many of the skills learned are sports specific, and can support those attempting to further their sporting careers.					
		<b>Links to Higher Education</b>	There are a wide range of options within Higher Education related to PE, such as Sports Science, Sport Development, Outdoor Adventure, Physiotherapy, Sports Management, Sports Business,					
		<b>Careers in the Curriculum</b>	Teaching, Coaching, Physiotherapy, Leisure Centres, Officiating, Sports Science, Psychology.					