



LYDIARD PARK ACADEMY



Lydiard Park Academy Young Carers Procedures and Advice

Lydiard Park Academy aims to:

- Support Young Carers by providing a named member of staff with lead responsibility (Mrs Paula Snook)
- Include issues around disability, mental ill health and Young Carers in PSHE and Citizenship lessons.
- Avoid stigmatisation or labelling of pupils who are carers and provide guidance on preventing bullying.
- Ensure parents can access the Academy for open evenings, etc. and if this is not possible, consider how links can be made with home.
- Have an agreed confidentiality policy, which includes statements on child protection.
- Include thinking about sensitivities and differences around cultural needs, including refugees.
- Consider how information on pupils' pastoral needs can be effectively passed between primary and secondary school and secondary school to FE College.
- Provide specific staff training.
- Include mechanisms for effective inter-agency work to support Young Carers (including child protection procedures if required).
- Include mechanisms to consult with Young Carers and their parents about content of policies and delivery of support.
- Include methods of regularly evaluating the effectiveness of policy and support (in addition to meeting OFSTED requirements).



Principal: Mr C Zimmerman
Vice Principal: Mr J Young
Vice Principal: Mr G Pearson

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At Lydiard Park Academy, we believe that all children and young people have the right to an education, regardless of their home circumstances.

We acknowledge that there are likely to be Young Carers among our pupils, and that being a young carer can have an adverse effect on a young person's education.

We have adopted our Young Carers guidance so that we will be able to relieve some of the worries that Young Carers may have about home and their school work, and show that we believe Young Carers' education is important.

Who are Young Carers?

Young Carers are children and young people whose lives are affected by looking after someone at home. They are carrying out tasks and responsibilities, which are additional to those appropriate for their age. The person they look after may have one or more of the following:

- Physical disability
- Mental health issues
- Learning difficulties
- Alcohol or drug misuse
- Long-term illness

The person they care for may be a parent, sibling, or grandparent and the care they give may be physical and/or emotional.

Young Carers' responsibilities may include:

- Personal care (e.g. bathing, dressing, feeding)
- Giving or prompting medication/injections
- Shopping
- Housework
- Emotional support
- Looking after younger siblings
- Budgeting and paying bills

Young Carers can feel tired, worried and isolated. Their social life is often restricted with few opportunities for fun and after school/college activities.



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Factors which may indicate that a young person is caring include:

- Illness or disability in the family
- Being late or absent (due to caring responsibilities at home)
- Assuming a parental role to other siblings
- Poor concentration and/or often tired
- Academic performance below potential
- Homework often uncompleted
- Isolation from peers or problems interacting with peers
- Not making use of out of school/college activities
- Mature and responsible but maybe 'letting go' and behaving immaturely when in a safe environment
- Behavioural problems
- Limited contact with school/college by parents
- Being bullied

If we believe that someone is a young carer we will be sensitive when we approach them about this, as we appreciate they may not want their peers to know. Before passing this information on to relevant colleagues we will obtain the consent of the young carer.



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Support Offered

As an Academy we will:

- Designate a member of staff with specific responsibilities for Young Carers. This person is Mrs Paula Snook. We will make sure all pupils know who this is.
- Offer sessions on Young Carers in PSHE lessons in Year 7.
- Give information to pupils about Young Carers and what information and support is available
- Liaise with appropriate agencies i.e. Swindon Young Carers
- Consider alternatives and be flexible when responding to the needs of Young Carers. This may include (but is not limited to) access to a telephone at break times, lunchtime detentions, negotiable deadlines for homework/coursework.
- Provide training to ensure that all staff are aware of the needs of Young Carers and are able to provide support as required.



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