







Menu 1 – W/b 24th Sept / 15th Oct / 12th Nov / 10th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons
Main Meal of the Day	Beef Bolognese and Spaghetti Or Quorn Sausages with Mashed Potatoes, Roasted Onions and Gravy	 Marinated Chicken or Roasted Vegetable Ratatouille with Feta Cheese (served with sides below)	Roast Gammon with Roasted New Potatoes and Gravy Or Cauliflower and Broccoli Cheese Bake	 Chicken Curry or Vegetable Curry served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney	Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes Or Spicy Bean Burger in a Bun with Salad
Sides	Roasted Vegetables Fresh Mixed Salad Garlic Bread	Green Beans Fresh Mixed Salad Garlic Bread Onion Rings Wedges Cajun Rice	Cabbage Roasted Parsnips Fresh Mixed Salad	Sweetcorn Fresh Mixed Salad	Peas and Baked Beans Fresh Mixed Salad Curry Sauce Mushy Peas
Hot Grab & Go	Vegetarian Chilli Burrito	Ham & Cheese Flat Bread	 Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Beef Chilli Wrap	Meatball & Cheese Sub
Pasta Kitchen	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))	Pizza Market ,Pasta Kitchen& Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))
	Wholemeal Apple Crumble & Vanilla Custard	Vanilla Shortbread	Pear and Ginger Muffin	Pineapple Upside Down Cake & Custard	Rice Pudding with Mixed Berry Compote




Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. - Daily selection of Grab & Go also available
Some dishes may vary & are subject to availability

Menu 2 – W/b 1st Oct / 22nd Oct / 19th Nov / 17th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli flakes, Seeds & Croutons
Main Meal of the Day	Lamb Biryani Or Cherry Tomato and Dill Quiche	 Chilli Beef or Pulled Pork or Mexican Vegetable Fajitas served with Mexican Rice, Taco or Soft Tortilla (served with sides below)	Roast Turkey with New Potatoes and Gravy	 Beef Curry and Rice or Vegetable Curry, served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney	Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes
			BBQ Pulled Sweet Potato Bap		Spanish Omelette with Rocket and Red Pepper Salad and Homemade Potato Wedges
Sides	Green Beans Roasted Butternut Squash Fresh Mixed Salad	Sweetcorn Fresh Mixed Salad Nachos with Cheese Mexican Slaw	Carrots Savoy Cabbage Fresh Mixed Salad	Sweetcorn Relish Fresh Mixed Salad	Peas and Baked Beans Fresh Mixed Salad Curry Sauce Mushy Peas
Hot Grab & Go	Fish Finger Baps	Bacon & Cheese Flat Bread	 Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	BBQ Chicken Hot Wrap	Beef chilli Tacos
Pasta Kitchen	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)		Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)
	Chocolate and Mandarin Brownie	Bread and Butter Pudding with Custard	Banana Loaf	Wholemeal Peach Crumble with Custard	Pear Sponge with Custard

Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat.. Selection of Grab & Go available Some dishes may vary & subject to availability

Menu 3 – W/b 8th Oct / 5th Nov / 26th Nov

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station	Soup of the Day Served with Chilli flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons	Soup of the Day Served with Chilli Flakes, Seeds & Croutons
Main Meal of the Day	Beef Lasagne served with Garlic Bread Or Tomato and Mushroom Quiche	 Favourites Day ...where student's vote for the menu of the day from list of popular dishes.	Roast Chicken with Stuffing, Roasted Herby Potatoes and Gravy Or Roasted Vegetable and Butternut Squash Frittata	 Chicken Curry and Rice or Vegetable Curry served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney	Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes Or Chinese Mushroom and Black Bean Stir Fry with Egg Noodles
Sides	Roasted Carrots Peas Fresh Mixed Salad	Seasonal Vegetables or Fresh Mixed Salad	Cauliflower Green Beans Fresh Mixed Salad	Sweetcorn Fresh Mixed Salad	Peas and Baked Beans Fresh Mixed Salad Curry Sauce Mushy Peas
Hot Grab & Go	Vegetarian Chilli Burrito	Piri Piri Chicken Flat Bread		BBQ Sausage Wrap	Cheese & Tomato Flat Bread
Pasta Kitchen	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)	Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)
	Chocolate and Orange Sponge with Chocolate Sauce	Mixed Summer Fruit Crumble with Custard	Carrot Cake	Apple Strudel with Custard	Pineapple Loaf
Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. - Daily selection of Grab & Go also available & are subject to availability					