

ACT 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose 1 Main + 2 Sides + 1 Sauce or Dip					
	CHICKEN	GRILL	ORIGINALS	SOUTH AMERICAN	ORIGINALS
MAINS Choose 1	Piri piri chicken	Freshly made beef burger, bun & salad	Grilled pork sausage with gravy	Peruvian style chicken & green sauce	Freshly battered hoki OR Oven baked breaded pollack Oven baked salmon nuggets
or 1 Veggie	Lightly spiced bean & vegetable burritos	Beetroot & carrot burger, bun & salad	Grilled quorn sausage	Baked peruvian stuffed sweet potato with green sauce	Quorn hot dog
SIDES Choose 2	Lightly spiced oven baked diced potatoes Roasted spicy half corn on the cob Coleslaw	Lightly spiced oven baked potato wedges Mixed salad Coleslaw	Creamy mashed potato Garden peas Fresh glazed carrots	Wholegrain braised rice Roast butternut squash & peppers Mixed salad	Oven baked chips Garden peas & carrots Red cabbage coleslaw salad
SAUCES & DIPS Choose 1	Light mayonnaise and salad dressing (available for all mains)				
	Light mayonnaise Piri piri dipping sauce	Tomato ketchup Burger relish	Light mayonnaise Salad dressing	Guacamole Sour cream	Tomato ketchup Tartare sauce

ACT 2

Salad Pick 'n' Mix					
Choose a range of mains, toppings, sauces, dressings and bread					
SALAD MAIN	Mixed salad Coleslaw Roasted sweet pepper & pasta salad Simple beetroot salad	House salad Coleslaw Lightly spiced rice & pepper salad New potato salad	Green salad Simple rocket salad Tomato, onion & basil salad Green bean & carrot salad	Green salad Moroccan green pepper & tomato salad Moroccan green slaw Moroccan chickpea & sweetcorn salad	House salad Coleslaw Simple grated carrot salad New potato salad
TOPPING	Oven baked croutons, oven baked baguette croutons, baked tortilla croutons				
SAUCE	Light mayonnaise, lemon mayonnaise, garlic & herb mayonnaise				
DRESSING	Salad dressing, honey, mustard & lemon dressing, sesame soy dressing, sweet chilli dipping sauce				
BREAD	A selection of freshly baked bread available daily				

Why not add a dessert to your meal?

DESSERT	Choice of fresh red & green apples, oranges and bananas Seasonal fruit salad pot, black & green grape pot, mixed melon pot
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ACT 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose 1 Main + 2 Sides + 1 Sauce or Dip					
	CARIBBEAN	MEXICAN	ORIGINALS	ASIAN	ORIGINALS
MAINS Choose 1	Caribbean sausage & pepper pot	Chicken fajita burrito cone	Roast pork bap	Sweet & sour chicken	Freshly battered hoki OR Oven baked battercrisp cod fillet Fish fingers
or 1 Veggie	Reggae reggae three bean chilli	Vegetable chilli burrito cone	Vegetarian lentil sausage roll	Chinese stir fried quorn & vegetables	Deep pan margherita pizza
SIDES Choose 2	Traditional jamaican rice & peas	Spicy roasted sweetcorn	Roast potatoes & dipping gravy	Plain boiled white & brown rice	Oven baked chips
	Spicy roasted sweetcorn	Mixed salad	Savoy cabbage	Stir fried chinese leaf & bok choi	Garden peas & carrots
	Reggae-reggae coleslaw	Coleslaw	Mixed salad	Sweetcorn	Mixed salad
SAUCES & DIPS Choose 1	Light mayonnaise and salad dressing (available for all mains)				
	Reggae-reggae mayonnaise	Guacamole	Gravy	Sweet chilli dipping sauce	Tomato ketchup
	BBQ dipping sauce	Sour cream	Apple sauce	Dark soy sauce	Tartare sauce

ACT 2

Salad Pick 'n' Mix					
Choose a range of mains, toppings, sauces, dressings and bread					
SALAD MAIN	House salad	Mixed salad	House salad	Green salad	House salad
	Red cabbage coleslaw salad	Coleslaw	Tomato, red onion & carrot salad	Tomato, onion & basil salad	Coleslaw
	Simple sweetcorn salad	Simple sweetcorn salad	Red cabbage coleslaw salad	Korean green bean salad	Simple grated carrot salad
	Mixed bean salad	Roasted sweet pepper & pasta salad	Lightly spiced rice & pepper salad	Asian coleslaw salad	New potato salad
TOPPING	Oven baked croutons, oven baked baguette croutons, baked tortilla croutons				
SAUCE	Light mayonnaise, lemon mayonnaise, garlic & herb mayonnaise				
DRESSING	Salad dressing, honey, mustard & lemon dressing, sesame soy dressing, sweet chilli dipping sauce				
BREAD	A selection of freshly baked bread available daily				

Why not add a dessert to your meal?

DESSERT	Choice of fresh red and green apples, oranges and bananas Seasonal fruit salad pot, black & green grape pot, mixed melon pot
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose 1 Main + 2 Sides + 1 Sauce or Dip					
	ITALIAN	SOUTH AMERICAN	GRILL	ORIGINALS	ORIGINALS
MAINS Choose 1	Bolognese pasta melt	Beef empanadas	Plain hot dog	Cottage pie	Freshly battered hoki OR Oven baked breaded pollack Oven baked salmon nuggets
or 1 Veggie	Macaroni cheese with freshly made parsley & garlic bread	Vegetable chilli burrito cone	Quorn hot dog	Vegetable & bean champ cottage pie with gravy	Vegetarian sausage roll
SIDES Choose 2	Wholemeal fusili pasta Mixed salad Tomato & onion salad	Oven baked sweet potato wedges Roasted spicy half corn on the cob Mixed salad	Caramelised onion Mixed salad Coleslaw	Fresh broccoli florets Fresh sliced carrots Mixed salad	Oven baked chips Garden peas & carrots House salad
SAUCES & DIPS Choose 1	Light mayonnaise and salad dressing (available for all mains)				
	Light mayonnaise	Guacamole	Light mayonnaise	Light mayonnaise	Tomato ketchup
	Salad dressing	Sour cream	Tomato ketchup	Salad dressing	Tartare sauce

ACT 2

Salad Pick 'n' Mix					
Choose a range of mains, toppings, sauces, dressings and bread					
SALAD MAIN	Green salad Simple roquette salad Tomato, onion & basil salad Green bean & carrot salad	Green salad Moroccan green pepper & tomato salad Moroccan green slaw Moroccan chickpea & sweetcorn salad	Mixed salad Coleslaw Roasted sweet pepper & pasta salad Simple beetroot salad	Mixed salad Coleslaw Lightly spiced rice & pepper salad Mixed bean salad	House salad Coleslaw Simple grated carrot salad New potato salad
TOPPING	Oven baked croutons, oven baked baguette croutons, baked tortilla croutons				
SAUCE	Light mayonnaise, lemon mayonnaise, garlic & herb mayonnaise				
DRESSING	Salad dressing, honey, mustard & lemon dressing, sesame soy dressing, sweet chilli dipping sauce				
BREAD	A selection of freshly baked bread available daily				

Why not add a dessert to your meal?

DESSERT	Choice of fresh red and green apples, oranges and bananas Seasonal fruit salad pot, black & green grape pot, mixed melon pot
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LUNCH

Main Meal Deal	2.20
Main Meal Only	1.90
Jacket Potato	1.00
Jacket & 1 filling	1.38
Jacket Cheese&Beans	1.73
Extra Jacket Filling	0.40
Pizza Slice	1.22
6" Pizza Whole	1.90
Hot Pasta Pot	1.75
Soup of the Day	1.11

HOT DELI POTS

Pasta, Noodle etc	1.75
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DRINKS

Capri - Sun	0.75
Suso Fizz	1.00
Mineral Water	0.56
Milk Shake	0.80
Cuplets	0.55
Radnor Drinks	0.70
Hot Drinks	0.60

SANDWICHES/DELI

Just Range from	1.05
Classic Range from	1.40
Baguettes - Just Range from	1.40
Baguettes - Classic Range from	1.60
Wraps from	1.30
Rolls from	1.05
Baked Bean pots	0.80
Panini from	1.65
Bacon Roll	1.15
Salad Bar - Small 0.95 Large	1.45
Burrito Cones	1.79

DESSERTS

Freshly Baked Cookies	0.70
Muffins / Tray Bakes from	0.72
Dessert Pots from	0.60
Jelly Pots	0.65
Fresh Fruit Piece from	0.45
Cut Fruit Pots	0.77
Yoghurt Pots from	0.60

Staff prices will be charged an additional 20% VAT